AUTUMN LAKE HEALTHCARE AT BERKELEY HEIGHTS OCTOBER 2020 ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Room Key MDR-Main Dining Room SAR-Small Activity Room S-Salon G-Garden Room	Coffee Hour MonSun. 10:00AM			1 10:30 Coffee Cart 10:30 Jingo-B-Back 12:00 Luncheon 2:30 Cheese Game-B-Back 2:30 Trivia	2 Sukkot 10:30 Coffee Cart 10:30 Sensory-B-Back 12:00 Luncheon 2:30 Hallway Games-B- Back 2:30 Happy Hour	3 Sukkot 10:30 Trivia/ Coffee Hour 12:00 Luncheon 2:30 Virtual Movie Time w/ Snacks
4 Sukkot 10:30 Coffee Time/ Activity Cart 12:00 Luncheon 2:30 Room Visits	5 Sukkot 10:30 Music and Coffee 12:00 Luncheon 2:30 Hallway Bingo Hour	6 Sukkot 10:30 Coffee Cart 10:30 News Currents -B-Back 12:00 Luncheon 2:30 Picture Perfect 2:30 Bowling Hour-B-Back	7 Sukkot 10:30 Hallway Exercise 12:00 Luncheon 2:30 You Be the Judge 2:30 Hallway Trivia	8 Sukkot 10:30 Coffee Cart 10:30 Jingo-B-Back 12:00 Luncheon 2:00 Walk Cheer -a-thon Wear Pink!	9 Sukkot 10:30 Coffee Cart 10:30 Sensory-B-Back 12:00 Luncheon 2:30 Hallway Games-B- Back 2:30 Happy Hour	10 Simchat Torah 10:30 Trivia/ Coffee Hour 12:00 Luncheon 2:30 Virtual Movie Time w/ Snacks
11 Simchat Torah 10:30 Coffee Time/ Activity Cart 12:00 Luncheon 2:30 Room Visits	12 Columbus Day 10:30 Music and Coffee 12:00 Luncheon 2:30 Hallway Bingo Hour	13 10:30 Coffee Cart 10:30 News Currents-B-Back 12:00 Luncheon 2:30 Picture Perfect 2:30 Trivia Time-B-Back	10:30 Hallway Exercise 12:00 Luncheon 2:30 You Be the Judge 2:30 Hallway Trivia	15 10:30 Coffee Cart 10:30 Jingo-B-Back 12:00 Luncheon 2:30 Cheese Game-B-Back 2:30 Trivia	16 10:30 Coffee Cart 10:30 Sensory-B-Back 12:00 Luncheon 2:30 Hallway Games-B-Back 2:30 Happy Hour	17 10:30 Trivia/ Coffee Hour 12:00 Luncheon 2:30 Virtual Movie Time w/ Snacks
18 10:30 Coffee Time/ Activity Cart 12:00 Luncheon 2:30 Room Visits	19 10:30 Music and Coffee 12:00 Luncheon 2:30 Hallway Bingo Hour	Chefs Day 10:30 Coffee Cart 10:30 News Currents-B-Back 12:00 Luncheon 2:30 Picture Perfect 2:30 Bowling Hour-B-Back	21 10:30 Hallway Exercise 12:00 Luncheon 2:30 You Be the Judge 2:30 Hallway Trivia 3:00 spooky Snacks w/Ali	22 10:30 Coffee Cart 10:30 Mind Joggers 12:00 Luncheon 2:30 Birthday Celebration	23 10:30 Coffee Cart 10:30 Sensory-B-Back 12:00 Luncheon 2:30 Hallway Games-B-Back 2:30 Happy Hour	24 10:30 Trivia/Coffee 12:00 Luncheon 2:30 Virtual Movie Time w/ Snacks
25 10:30 Coffee Time/ Activity Cart 12:00 Luncheon 2:30 Room Visits	26 10:30 Music and Coffee 12:00 Luncheon 2:30 Hallway Bingo Hour	27 10:30 Coffee Cart 10:30 News Currents-B-Back 12:00 Luncheon 2:30 Picture Perfect 2:30 Trivia Time-B-Back	28 10:30 Hallway Exercise 12:00 Luncheon 2:30 You Be the Judge 2:30 Hallway Trivia 2:30 Resident Council	29 10:30 Coffee Cart 10:30 Jingo-B-Back 12:00 Luncheon 2:30 Cheese Game-B-Back 2:30 Trivia	30 10:30 Trivia/Coffee 12:00 Luncheon 2:30 Halloween Parade	31 Halloween 10:30 Trivia/Coffee 12:00 Luncheon 2:30 Virtual Movie Time w/ Snacks
THE TOTAL OF STATE OF					This calendar is subject to change without notification beforehand. Please refer to the activity staff for any updates.	



October is Breast Cancer Awareness Month

